



April 5, 2020

I can remember talking with the kids in Children's Church a few different times about how sometimes our feelings feel so big that it is all we can think about. When we are very mad, scared, or worried, our brain doesn't remember to focus on God's word (the bible) that constantly tells us that God is with us and we do not need to walk in fear. This lesson should be taught to children over and over again so that they can remember to stand on God's word no matter what emotions they feel and what circumstances they are going through. After listening to Pastor Jay's sermon and the worship time from Pastor Eric, use these resources below to help your child(ren) be encouraged during this time of new uncertainties.

This is a link to a youtube video that focuses on fear and courage. It has a catchy song that that add a little fun to it. It is a full lesson in itself. We encourage you to watch as a family and to use some of the silly points to talk about how God will be our refuge and strength in times of fear. Use your new knowledge from Pastor Jay's sermon to help guide you in conversation.

<https://m.youtube.com/watch?v=xcZi1SwyhFA>

Every week in Children's Church we pray for a different church member. We talk about what the person does for the church, how they are serving God by serving the church, and how they have blessed the church by simply being themselves. This week, let's encourage the kids to pray for Ms. Marcia. Let's go one step further! Have your children make a card for Ms. Marcia! Knowing someone is praying for you and thinking about you will be a great encouragement to her and serving a member of the church will be a great encouragement to our families too! Let Katie Reine know that you need her address!

Coloring is shown to relax the center of your brain and creates a relaxing state. Print out the Isaiah 41:10 color sheet for your child(ren) and even yourself! Coloring together is a perfect opportunity to discuss all of their emotions and how God wants us to handle them.

Most importantly, pray together. I can't stress enough how important it is to pray for one another and with one another during this time. Be sure to ask the children if they want to lead prayer time. You may be surprised at what their tender hearts come up with!

BE STRONG &
COURAGEOUS.

Don't be afraid or
scared of them;

for the LORD
YOUR GOD
HIMSELF is WHO

goes with you.

HE WILL NOT fail you
nor forsake you. (mk)

Deuteronomy 31:6

SED FIRMES y
VALIENTES,

no temáis ni os
aterroricéis ante ellos,

porque el SEÑOR

Tu DIOS

es el que

VA Contigo;

No te dejará NI
te desamparará.

Deuteronomio 31:6

