



March 29, 2020

Jesus' words about not being anxious from Matthew 6:25-34 is the perfect sermon for our us and for our kids. After listening to Pastor Jay's sermons and the worship time from Pastor Eric, use these resources below to help your child(ren) be encouraged during this time of new uncertainties.

This is a link the second YouTube video from a Colorado based Children's Church to help kids understand, talk about, and pray through fear. It is the second part to last week's video and focuses on giving courage to others. It is a full lesson in itself. We encourage you to watch as a family and to use some of the silly points to talk about how God will be our refuge and strength in times of fear. Use your new knowledge from Pastor Jay's sermon to help guide you in conversation.

https://www.youtube.com/watch?v=0qK-It_e9AM&t=35s

Every week in Children's Church we pray for a different church member. We talk about what the person does for the church, how they are serving God by serving the church, and how they have blessed the church by simply being themselves. This week, let's encourage the kids to pray for Ms. Louise Effler. Let's go one step further! Have your children make a card for Ms. Louise who is restricted to her home because of her age. Knowing someone is praying for you and thinking about you will be a great encouragement to her and serving an elder of the church will be a great encouragement to our families too! Let Katie Reine know that you need her address!

Coloring is shown to relax the center of your brain and creates a relaxing state. Print out the Isaiah 41:10 color sheet for your child(ren) and even yourself! Coloring together is a perfect opportunity to discuss all of their emotions and how God wants us to handle them.

Most importantly, pray together. I can't stress enough how important it is to pray for one another and with one another during this time. Be sure to ask the children if they want to lead prayer time. You may be surprised at what their tender hearts come up with!

FEAR NOT for

I AM with you,

be not dismayed for

I AM your GOD;

♥ I WILL strengthen you,

♥ I WILL help you,

♥ I WILL uphold you
with my victorious right hand.

ISAIAH 41:10

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